

## **AERIAL RESEARCH - BRIGITTE**

### **Protocol - Aerial Silk Class**

6th session

Date: **06.04.2021**

#### Objectives

- Experiment the support of silks on the floor
- Suspension or counterweight silks
- Building a pattern on the floor

#### **OBSERVATIONS:**

**Floor research:** Researching on the floor can be very challenging for an aerialist and that is with most part of us, so the first thing is to acknowledge it and get into it at your own time.

Even with its challenges we have found small figures, suspensions, patterns and rhythms and even built a small block of improvisation at the end.

block\* I like to use the work to explain a certain task which we can still research new paths, in.

**Suspension or counterweight:** This is one of the techniques we do a lot in the air, if not the most... I brought this example so you can always try to bring things you work in the air to the floor.

Great work Brigitte, Enjoy the process!